

### Republic of the Philippines

## Department of Education

REGION IV- A CALABARZON
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

24 November 2025

DIVISION MEMORANDUM No. 836 s. 2025

#### PALARONG LAHI "LARO AT SAYA SA TAYABAS: BATA ANG BIDA!"

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned

- 1. As part of the Celebration of Children's Month 2025, the Tayabas Local Council for the Protection of Children will conduct Palarong Lahi "Laro at Saya sa Tayabas: Bata ang Bida!" on November 28, 2025 at Silungang Bayan, Tayabas City.
- 2. Attached are Enclosure 1 list of participants, Enclosure 2 copy of contest mechanics.
- 3. Participants are expected to wear comfortable clothes during the activity.
- 4. Immediate dissemination of this Memorandum is desired.

CELEDONIO 2. BALDERAS JR. Schools Division Superintendent

Encl.: As stated

Reference: Communication from LGU-LCPC

To be indicated in the <u>Perpetual Index</u> under the following subjects:

PALARONG LAHI

CHILDREN'S MONTH CELEBRATION

SGOD- palarong lahi "laro at saya sa tayabas: bata ang bida!" 0G9CN-000054/November 24, 2025







Address: Brgy. Potol, Tayabas City Telephone No.: (042) 785-9615

Email Address: tayabas.city@deped.gov.ph Website: https://www.sdotayabascity.ph Enclosure 1 - Participants

SCHOOL	NAME	GENDER	AGE	GRADE LEVEL
EAST PALALE ELEMENTARY SCHOOL	1 Manadan, Kent Gian S.	M	11	Grade 5
	2 Marco, Monica	F	11	Grade 5
	3 Cabalsa, Mariel	F	12	Grade 6
	4 Lasieras, Khyreel S.	F	11	Grade 5
	5 Zarsuelo, Precious Gaile S.	F	10	Grade 5
Name of Chaperone: ABEGA	IL O. ZAGALA			
TAYABAS WEST CENTRAL SCHOOL I	1. YOHAN BUENO	M	9	4
	2. JOSH ROXAS	M	10	5
	3. RODEGELIO REANDINO	M	10	5
	4. EUENGAIL EBREO	M	-	5
	5. JIAN RICK BALMES	M	9	4
Name of Chaperone: CLEVE	N F. ISAGUNDE			
TAYABAS WEST CENTRAL SCHOOL IV	1. Caagbay Mark Anthony	M	13	Grade 6
	2. Ole, Dwayne James	M	13	Grade 6
	3. Binalingbing, John Reyvin	M	13	Grade 6
	4. Laracas, Jane Rose	F	11	Grade 5
	5. Sarmiento, Pricilla	F	11	Grade 5
Name of Chaperone: WILLIA	M RONDILLA	1 2 5 7		
MAYUWI INTERGRATED SCHOOL	1 Jalla, John Joseph, M.	M	11	Grade 6
	2 Navarra, Princess Nicole E.	F	11	Grade 6
	3 Paje,Ezekiel,	M	11	Grade 6
	4 Pajilan,Jamaica, P.	F	11	Grade 6
	5 Omaña, Kristoff Elijah,	M	11	Grade 6
Name of Chaperone: SHERW	EN T. FERRERAS			
MALAO-A CALANTAS ELEMENTARY SCHOOL	1. John Glien Zacarias Eclavea	M	10	Grade 5
	2. Kendra A. Cabriga	F	11	Grade 5
	3. Jhoana Paula M. Diongco	F	10	Grade 5
	4. Lovely Xayrelle A. Gregorio	F	11	Grade 6







	5. Zian Joshua Lizano	M	10	Grade 5
Name of Chaperone: EJ Fhi	el S. Palmero			
PANDAKAKI INTEGRATED SCHOOL	1. Princess Cassey M. Hutalla	F	11	Grade 4
	2. Cyrus Javal	M	10	Grade 5
	3. John Lester Jabola	M	10	Grade 5
	4. Earl John Aranilla	M	11	Grade 6
	5. John Clarence Javal	M	11	Grade 6
Name of Chaperone: Wayne	Howard C. Ramallosa			
	1 Kenzo M. Salmingo	M	9	Grade 4
LALO ELEMENTARY SCHOOL	2 Kheizer Earus P. Amandy	М	10	Grade 5
	3 Arjhon Dave O. Javin	M	10	Grade 5
	4 Princess Eve C. Valdejueza	F	11	Grade 6
	5 Shekinah Rhaine N. Durante	F	11	Grade 6
Name of Chaperone: Mark K	levin P. Ranillo			
	1.Ardin Tabi	M	12	Grade 6
TAYABAS EAST CENTRAL SCHOOL	2.Lander Glorioso	M	12	Grade 6
	3.Carl Adrian Sombrero	M	12	Grade 6
	4.John Vincent Padua	M	12	Grade 5
	5.Francis Nathaniel De La Paz	М	10	Grade 5
Name of Chaperone: Renato	P. Villa			
VALENCIA ELEMENTARY SCHOOL	1. Paul Jake M. Quezon	M	10	Grade 4
	2. Zyren Eunice M. Tutor	F	11	Grade 5
	3. Raymart L. Saberola	M	11	Grade 5
	4. Shanthal R. Quizon	F	11	Grade 6
	5. Mary Jhoy T. Dela Cruz	F	11	Grade 6
Name of Chaperone: Bryan l	R. Argete			
MASIN ELEMENTARY SCHOOL	1. John Paul L. Padua	M	9	Grade 4
	2. Ryza Jane O. Dadios	F	11	Grade 5
	3. Roderico R. Lerum	M	11	Grade 5
	4. Zion Harriz Warwick V. Nadera	M	11	Grade 5
	5. Gheniela U. Latag	F	12	Grade 6







ALSAM INTEGRATED SCHOOL	1. Princess Alaizza B. Oabel	F	11	Grade 6
	2. Precious Jaynar	F	10	Grade 5
	3. JA Bernabe	M	11	Grade 6
	4. John Razzel Argosino	M	11	Grade 6
	5.John Loyd Subieto	M	10	Grade 4
Name of Chaperone: Cara	Kaye Millar			
POTOL ELEMENTARY SCHOOL	1. Arien R. Tabernilla	F	11	Grade 6
	2. Nikki Blythe A. Alayan	F	12	Grade 6
	3. Mary Rose B. Briones	F	12	Grade 6
	4. Rheinzel Alexa T. Cabesuelas	F	9	Grade 5
	5. Lyka Marie P. Lavadia	F	10	Grade 5







# TAYABAS LOCAL COUNCIL FOR THE PROTECTION OF CHILDREN

## Palarong Lahi

"Laro at Saya sa Tayabas: Bata ang Bida!"

Lead Implementor: City Sports Development Office

Page | 13

### **CONTEST MECHANICS:**

### 1. Participants

The activity will be participated in by Grade 4 to Grade 6 students, composed of a total of 100 participants — 60 from public schools and 40 from private schools within the city. These participants will represent their respective schools in a friendly competition that promotes teamwork, sportsmanship, and appreciation of traditional Filipino games.

### 2. Teams

All 100 participants will be divided into four (4) groups, each consisting of 25 members. The grouping aims to ensure equal participation and balanced representation from both public and private schools. Each team will take turns participating in the different games and will be scored based on performance, teamwork, and adherence to the rules. The City Sports Office will determine the groupings.

#### 3. Games

The activity will feature the following traditional Filipino games, designed to encourage physical activity, camaraderie, and cultural appreciation among the students:

3.1. Patintero – A team game where players try to cross lines without being tagged by the opposing team.

Objective: To accumulate the most points by having the member who reaches the farthest within the allotted time.

3.2. Tumbang Preso – A popular game that involves knocking down a can using slippers while avoiding being tagged by the "guard."

Objective: To accumulate the most points by knocking down the slipper on the can within the

allotted time.

3.3. Tayakad sa Kahoy – A game of balance and coordination where participants walk or race using bamboo or wooden stilts.

Objective: To record the fastest time going to and returning from the designated line using a

piece of wood.

3.4. Batuhang Bola – A dodgeball-type game where players aim to hit opponents with a ball while avoiding being hit themselves.

Objective: To record the shortest time by counting the remaining members after the game.

3.5. Luksong Tsinelas – A jumping game similar to *luksong baka*, where players leap over a pile of slippers that increases in height each round.

Objective: To record the farthest distance jumped.